A Choreographer's Handbook
On choreography: "Choreography is a negotiation with the patterns your body is thinking" On rules: "Try breaking the rules on a need to break the rules basis" A Choreographer’s Handbook invites the reader to investigate how and why to make a dance performance. In an inspiring and unusually empowering sequence of stories, ideas and paradoxes, internationally renowned dancer, choreographer and teacher Jonathan Burrows explains how it’s possible to navigate a course through this complex process. It is a stunning reflection on a personal practice and professional journey, and draws upon five years’ of workshop discussions, led by Burrows. Burrows’ open and honest prose gives the reader access to a range of exercises, meditations, principles and ideas on choreography that allow artists and dance-makers to find their own aesthetic process. It is a book for anyone interested in making performance, at whatever level and in whichever style.

**Book Information**

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**Customer Reviews**

Some good exercises, but fatally crippled by a pervasive "Do this. Unless it's not helpful! Then don’t do it" ambivalence. Recommended for library borrowing and note-taking, but not a necessary purchase.

I did not know what to expect when I ordered this little gem on-line. I am presently working on a large piece of dance theater and I really found this book to be helpful and encouraging. It’s unusual style added to the push to think more creatively. It gave me new found bravery!
I love this quirky little book. For professional modern dancers and graduate level students, this book offers questions and inspiration. I highly recommend adding it to the reading list for a graduate level choreography class.

I purchased this as a gift for my granddaughter; she loves it. I would recommend this book for anyone interested in learning and teaching dance. Pat

It is always interesting visiting another choreographers thought processes. The book flows like a piece of choreography with a sense that Burrows is almost choreographing the writing. Unfortunately this has the same drawbacks that a lovely, personal piece of choreography has - it leaves the reader to just experience the information rather than gain in depth understanding. I would have liked more descriptions of actual choreographic exercises, experiences. I would have like less general questions and responses that seem to allow for any solution and MORE strong personal opinions. I finish treading and must ask who is this book written for and who will actually read it! I did read it and glad I did but beyond our private dancers language who will be interested?

PS ~ I do not agree that making a piece is only about the developing the material. That is barely step one. Then there is the massive editing and the shaping of the bare bones content that you choose to keep.

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